



Dodgeball Delivery

Welcome to our June newsletter.

Latest News.

- The Manchester Bees hosted the Junior Manchester cup . It was a great success., our teams comprised of the Avondale Avalanches (Ollie, Toby, Belle, Michael, Jack, Matt) versus the Heaton Hurricanes (Ben, Josh, James, Jack, Adam, Nic, Abbie). It was a close fought match with some great dodgeball on display, The Heaton's just edged it and went home with the trophy.

May Give away extended

As our promotion in May was so successful we have decided to extend it.



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Until the end of our dodgeball season if you bring a new member to three Mr. Dodgeball sessions you will get one of our new, custom made cloth junior dodgeballs.

These limited edition balls are also available to buy at a special price for this month at £9.50.



- We are delighted to announce Mr. Dodgeball has another new club starting. The 'Macclesfield Marvels' will have their first session on the 10th June 10.45-11.45 at St Paul's Parish Centre, Glegg street, SK11 7AJ. If you fancy another dodgeball fix or have friends in the area please spread the word.
- Our new Kappa club Shirts are now ready to order they come in sizes 6-8 years, 10-12 years, 14 years, adult S/M, L-XL priced at £16. Please contact us if you would like to order one.
- We will soon be releasing our membership packages for next season.....watch this space.

Dates for your diary

Up coming tournaments, 7 to 9pm

- June 16th Wilmslow prep, GROVE AVENUE, SK95EG, The sports hall is located on the left after the main school building. Parking is limited, if you struggle we would recommend you park in the multi-storey car park on water lane (which is free) and walk round. It's a couple of minutes walk.
- July 14th, St Anne's High School. Season finale.

The Queen Bees and Killer Bees competed in the 2017 English championships and performed brilliantly.

The teams were placed 6th and 8th in England, really proud, well done to everyone involved.

www.mrdodgeball.com

Tel. 07740367425

mrdodgeball@mail.com

admin@mrdodgeball.com

May Tournament.

We had another great tournament, a local cubs camp meant the numbers for the upper Juniors were diminished slightly but the dodgeball on display was as high as always.

The upper juniors final was between Heaton Hurricanes 1 and Avondale Avalanches 1. It was a close fought battle with the Heaton's taking the trophy.

Harry Holmes from Heaton Hurricanes 2 won the MVP medal.

In the lower juniors the Handforth Hawks won for the 4th month on the bounce after a well fought match with the Heaton's. Ben Maroney from the Hawks won the MPV medal.

A huge thank you to Ross, Helena and Sam from the Manchester Bees for coming along to help and giving the children coaching tips and encouragement. And also to Steve Holmes who has become our resident photographer! Without everyone's valued input these tournaments wouldn't be possible



Coaching Corner

In the last newsletter we covered team throws and catching. If you missed this take a look at our website where you will find previous newsletters.

This month we are going to cover dodging.

Dodging strategies

- **Spread out and stay back.**
Never stand behind a team mate, if they dodge a ball you won't see it coming and will be eliminated.
- **Jump!**
Spilt jumps or jumps with high

legs are best. Most players are aiming between thighs and shins so a high jump will clear this.

Only as a last resort should you hit the deck as you then become a sitting duck!

- **Ducking**

Ducking is good for balls that are thrown high.

- **Side Stepping.**

This can be a good strategy as you can still catch balls but you may not have room if your whole team is still on.

- Watch the court. Don't stray too close to the boundaries, make sure you have room to dodge on

both sides and behind you.

- As the numbers in your team dwindle, keep spread out, don't clump together, your team will be a larger, easier, less mobile target.
- Stay at the back of the court when possible unless you are throwing, gives more time to react or dodge successfully.